

6 Days Trek

Valley of Flowers Trek

Rs.6,500/- PP

Joshimath to Joshimath

Package Option: INR 8900/- Rishikesh to Rishikesh



Trek Highlights

- Scenic Himalayan Journey: Drive from Rishikesh to Joshimath through valleys, forests, and rivers.
- Blooming Wonderland: Explore 500+ alpine flowers, including blue poppies and Brahma Kamal.
- Visit Hemkund Sahib: Trek to the serene Sikh site at 4,329 meters, surrounded by snow peaks.
- Ghangharia – Gateway to Adventure: Relax at the base camp for Valley of Flowers and Hemkund Sahib.



Best Time to Visit: July, Aug, Sep



Veg Meals



Uttarakhand



Short Itinerary

Day 1: Rishikesh to Joshimath.

- **Altitude Joshimath:** 6,151 Ft.
- **Drive Duration:** 250 km | 9-10 hours (Depending on road conditions)

Day 2: Drive from Joshimath to Govindghat and Trek to Ghangharia.

- **Altitude Govindghat:** 5,997 Ft.
- **Altitude Ghangharia:** 10,098 Ft.
- **Drive Distance:** 16-18 km | 1 Hours
- **Trek Distance:** 13 km | 4-5 Hours

Day 3: Ghangharia to Hemkund Sahib and back to Ghangharia.

- **Altitude Hemkund Sahib:** 14,100 Ft.
- **Trek Distance:** 6 km one way | 8-9 Hours one way

Day 4: Ghangharia to Valley of Flowers Trek and back to Ghangharia.

- **Altitude Valley of Flowers:** 12001 Ft.
- **Trek Distance:** 4-5 km | 7-8 Hours (Including ascent and descent)

Day 5: Trek from Ghangharia to Govindghat and Drive to Joshimath.

Day 6: Trek from Ghangharia to Govindghat and Drive to Joshimath.



DAY: 01



Rishikesh to Joshimath

Your Valley of Flowers Trek starts with a scenic drive from Rishikesh to Joshimath. The route passes through picturesque towns and holy confluences such as Devprayag, Rudraprayag, and Karnaprayag, where rivers meet to form the sacred Ganges. The journey offers stunning views of the Himalayas and the Alaknanda River.

Upon reaching Joshimath, check in at your hotel and rest. This small town serves as the gateway to many Himalayan treks, including the Valley of Flowers Trek in Uttarakhand. Spend the evening exploring the local markets or visiting the Narsingh Temple before preparing for the next day's trek.



DAY: 02



Drive from Joshimath to Govindghat and Trek to Ghangharia

After breakfast, take a short drive to Govindghat, the starting point of the Valley of Flowers Trek. The 13-km trek from Govindghat to Ghangharia follows the Pushpawati River, passing through lush green forests and small villages. Along the way, you'll find several food stalls where you can take short breaks.

Ghangharia is a small settlement offering basic accommodations. This is the base camp for both Valley of Flowers Trek in Uttarakhand and the Hemkund Sahib trek. Spend the night in a guesthouse and acclimatize before the next day's adventure



DAY: 03



Ghangharia to Hemkund Sahib and back to Ghangharia

This day involves a steep trek to Hemkund Sahib, one of the highest Gurudwaras in the world. The trail is demanding, with rocky paths and chilly winds, but the mesmerizing views of snow-clad peaks make it worthwhile.

At Hemkund Sahib, visit the sacred glacial lake, where pilgrims take a holy dip despite the freezing temperatures. The Hemkund Gurudwara, surrounded by seven towering peaks, offers spiritual peace. After seeking blessings and enjoying a warm cup of Kadha Prasad, trek back to Ghangharia for the night.



DAY: 04



Ghangharia to Valley of Flowers Trek and back to Ghangharia

Today is the highlight of the Valley of Flowers Trek Package. Start early and trek towards the Valley of Flowers, a UNESCO World Heritage Site. The path is relatively moderate, leading to an enchanting meadow filled with rare Himalayan flowers like blue poppies, cobra lilies, and orchids.

The valley stretches across 87 square kilometers, offering breathtaking views of the Pushpawati River, glaciers, and snow-covered peaks. Enjoy your time capturing the beauty of this floral paradise before heading back to Ghangharia in the evening.



DAY: 05



Trek from Ghangharia to Govindghat and Drive to Joshimath

Trek back to Govindghat, following the same scenic trail along the Pushpawati River. Once you reach Govindghat, take a short drive to Joshimath.



DAY: 06



Drive from Joshimath to Rishikesh

After an early breakfast, start your drive back to Rishikesh, retracing your route through the Alaknanda Valley. Enjoy the final leg of your journey with picturesque views and scenic landscapes. Arrive in Rishikesh by evening, marking the end of your unforgettable adventure in the Valley of Flowers Trek in Uttarakhand.

Inclusion

- 5 Nights Accommodation during the trek will be provided using Home stay Triple or Quad sharing basis.
- Meals as specified in the itinerary (Breakfast, Lunch, Evening Snacks, Dinner) (it will be basic Indian vegetarian Meals).
- Experienced Trekking Guide.
- Basic First Aid Kit (Please do carry your personal medicine).
- Experience trekking Cook for the Trek.
- Trekking Crew.
- Trekking Permits and Permissions.

Exclusion

- Any kind of Travel / Health Insurance (Himalaya Yatri strictly recommend each traveller to please carry your own travel / health insurance).
- Trekking Shoes, Trekking Jacket, Trekking Sticks.
- Any Meals / Snacks / Beverages in during trip.
- Any of Cost for Airfare, Train fare.
- Any kind of medical expenses.
- Accommodation and Meals in Dehradun (Will be subject to additional cost).
- Any tips, laundry, Phone call, liquors, mineral water, camera fee or any other personal nature expenses.
- Airport pickup and drop services (Will be subject to additional cost).
- Any other fee / charges not mentioned in the cost included section.
- Backpack offloading charges, the backpack should not weigh more than 10 kgs. Suitcases/strollers/duffel bags will not be allowed (Subject to additional cost).

Points To Note

- If there is any unprecedented hike in the cost of transport, Local Union, Government, Air (including fuel surcharge) or accommodation made by any parties other than Shree Kedar Yatra. It will also affect the cost. The additional unprecedented cost will be the responsibility of the Client.
- Himalaya Yatri shall not be responsible for any change in the itinerary due to landslides, Flight, Train, Bus Cancellations, Weather conditions; the additional cost incurred will be borne by the clients.
- Please note the quote for these programs has been quoted and calculated as per the current tax structure, any changes/ amendments, increase in the tax structure, which will be imposed by the government of India, will affect the quotation and this will be additional cost to be borne by the clients.
- Any special assistance which might have to be provided due to the Natural calamity or Emergency conditions will be carried out by our Himalaya Yatri or our operational partner on ground as required due to safety or situational demands with or without prior discussion with clients given its nature. The cost of such emergency operations will be the sole responsibility of the Client.
- Please note trekking / driving time given in the program are approximate and it may vary due to break for refreshments, photography, bad weather and Road conditions.
- Pre Packing list will be shared with you once you have booked and confirmed the trek.
- Don not carry any expensive belongings, lockers storage facilities are not liable and guaranteed, please be responsible for your own

Risk and Liabilities

Clients shall agree that Himalaya Yatri shall not be held responsible for consequences of natural calamities, weather condition, failure of scheduled airline, detention and delays due to quarantine, strike, theft, force major, civil disturbance, government restriction or regulation, accident by aircraft, car, bus or any other form of transport relating to program schedule. The trekkers understand that such situations may occur, and we will inform you of the situation as soon as we have knowledge of it. The right is reserved to cancel or alter any package as conditions require, all additional cost occurs in such case will fully be borne by the travelers. Also, Himalaya Yatri shall not be held responsible for any loss/damage of your personal belongings.

Legal

Terms and Conditions, Payment Policy, Cancellation Policy

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Certification



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